## Wednesday, November 30, 2022

Happy National Computer Security Day!

Lunch (Wednesday, Nov. 30) - chicken alfredo, roll, green beans Breakfast (Thursday, Dec. 1) - bacon/egg biscuit Lunch (Thursday, Dec. 1) - chicken tenders, mashed potatoes, roll, corn \*\*substitutions may be necessary

## Announcements

- To order winter sports pictures: Text VALLEYWINTER to 90738. Follow link, hit facefind, and pull your child's face from your camera roll. It will find any picture taken. If multiple children, you can order all from the same order. Email questions to kelly@kellybuechlein.com
- Morning study tables are 7-8 am.
  - Tuesday mornings Mrs. Crow room 214
  - Wednesday mornings Mrs. T. Chastain room 122
  - Thursday mornings Mrs. Cruz room 115
- After school study tables are held on Mondays, Tuesdays, and Thursdays from 3:10-4:10.

## <u>Athletics</u>

There are no athletic contests this evening.

Stress is not what happens to us. It's our response to what happens. And response is something we can choose. -Maureen Killoran

